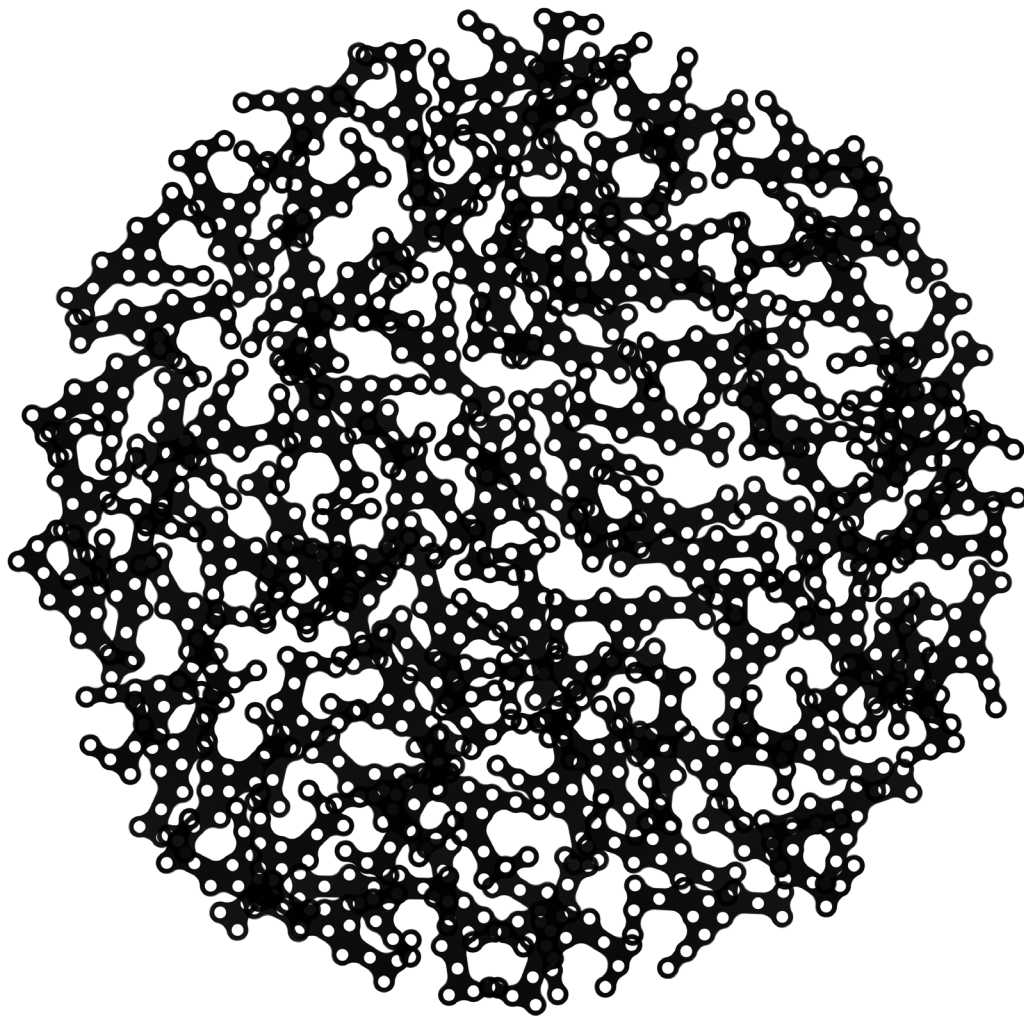


# ITS.

Implants  
trauma



## CAL

Calcaneus Locking Plate

All ITS plates are preformed anatomically as a matter of principle. If adjustment of the plate to the shape of the bone is required, this is possible by carefully bending gently in one direction once. Particular care is required when bending in the region of a plate hole, as deformation of the plate may lead to a failure of the locking mechanism. The plate must not be buckled or bent several times. This is particularly important in the case of titanium implants, to prevent material fatigue and subsequent failure. The method of bending is the conscious responsibility of the operating doctor; I.T.S. GmbH can accept no liability whatsoever for this.

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# Introduction



## ○ Preface

The Calcaneus Locking Plate is a proven osteosynthesis system for various calcaneus fractures.

The special feature of this implant is the free choice of screw placement. The user is able to set any desired screw in any hole (either locking or non-locking screw).

The free choice of screw angulation ( $\pm 15^\circ$ , see page 15) provides an advantage in fracture treatment, especially in the case of complex fractures.

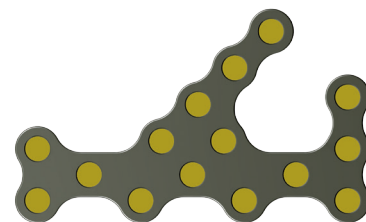


## ○ Screws

37352-XX-N Cancellous Screw, locking, D=3.5mm, SH

61203-100 Spiral Drill, D=2.0mm, L=100mm, AO Connector

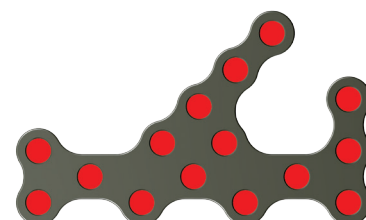
56252 Screwdriver, WS 2.5,  
with self-holding sleeve



32351-XX Cortical Screw, D=3.5mm

61273-100 Spiral Drill, D=2.7mm, L=100mm, AO Connector

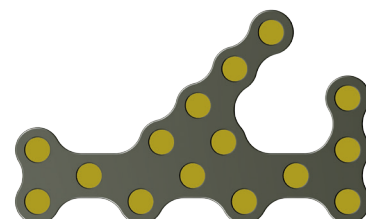
56252 Screwdriver, WS 2.5,  
with self-holding sleeve



37422-XX-N Cancellous Screw, locking, D=4.2mm, SH

61253-110 Spiral Drill, D=2.5mm, L=110mm, AO Connector

56252 Screwdriver, WS 2.5,  
with self-holding sleeve



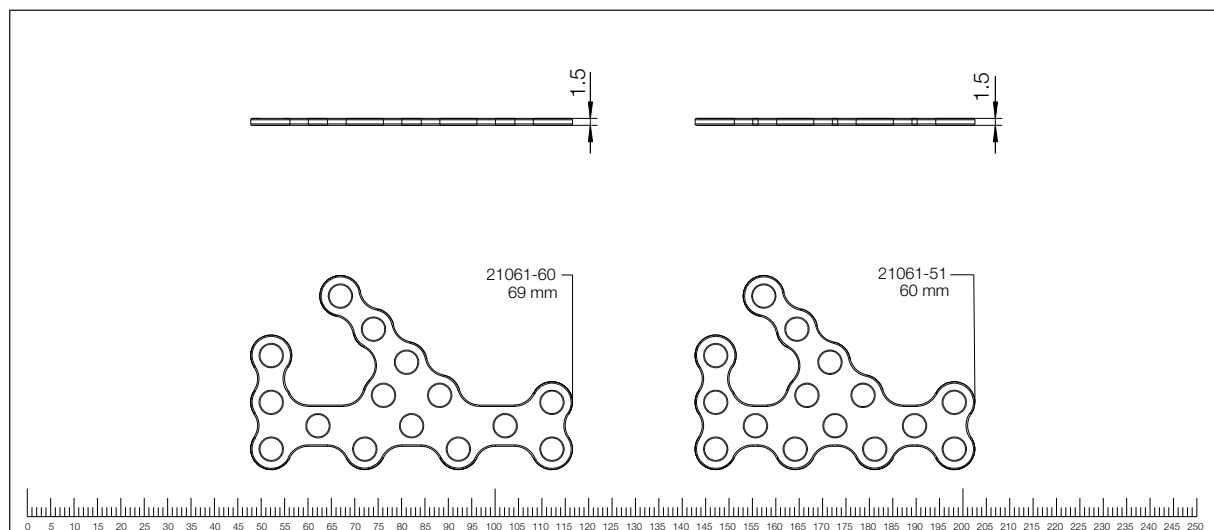
## ○ Properties

### Properties of the material:

- ◆ Plate material: Titanium
- ◆ Material of screws: TiAl6V4 ELI
- ◆ Easier removal of the implant after the fracture has healed
- ◆ Improved fatigue strength of implant
- ◆ Reduced risk of cold welding
- ◆ Reduced risk of inflammation and allergy

### Properties of the implant:

- ◆ Multi-directional Locking
- ◆ Anatomical plate design
- ◆ Short and long version



## ◦ Indications, Contraindications & Time of operation

### Indications:

- ♦ Complex fractures of the calcaneus
- ♦ All intra-articular fractures with relevant joint distortion and a comminution zone in which a semi-operative procedure (screws, drill wires) does not raise expectations of exact repositioning

### Contraindications:

- ♦ Existing infections in the fracture zone and operation area
- ♦ Common situations that do not allow osteosynthesis
- ♦ Obesity
- ♦ Lack of patient compliance

### Time of operation:

- ♦ After regression of the swelling



# Surgical Technique

2.

## ◦ Pre-operative patient preparation

- Supine position or lateral position
- Tourniquet

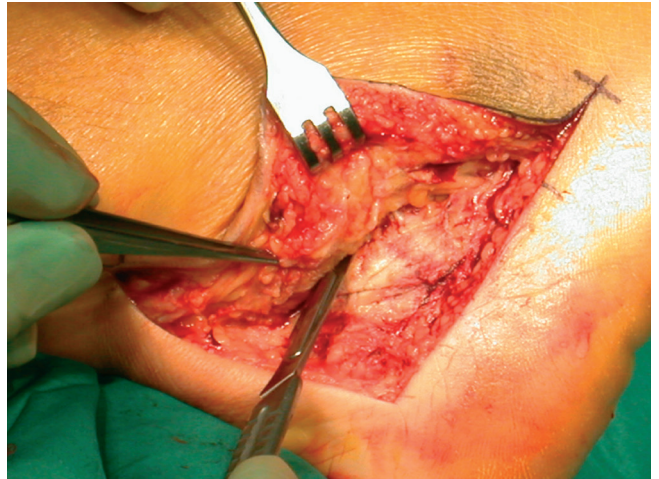
## ◦ Diagnosis

Standard X-ray of the calcaneus, axial and coronet CT with reconstructions.

## ◦ Access

### Expanded lateral approach:

- ◆ Subperiosteal single layered lifting of a lateral skin-soft tissue flap
- ◆ Hold away the flap by using bent guide wires

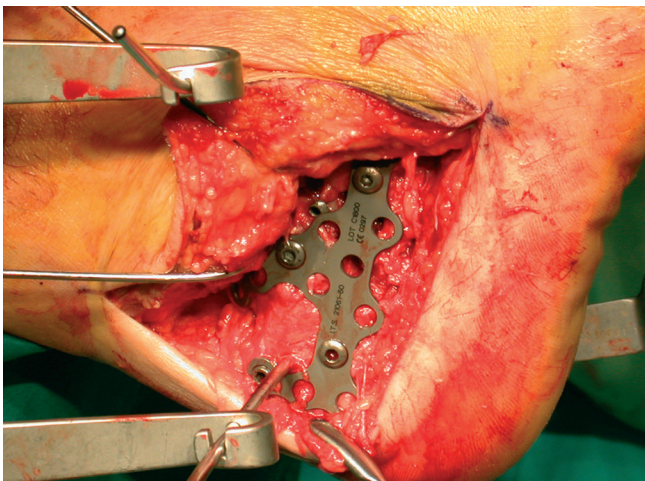
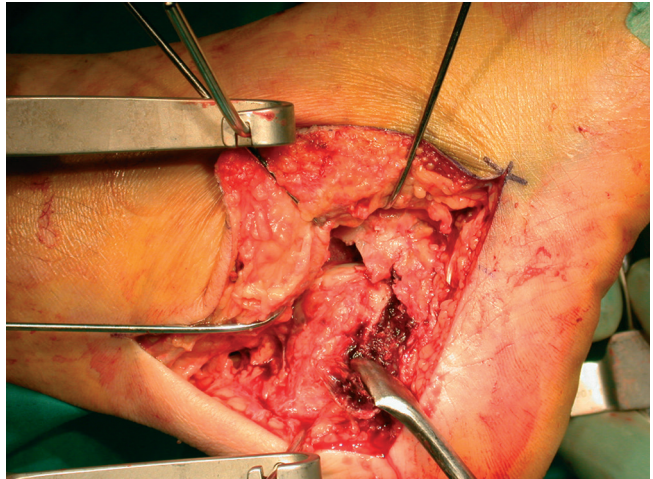
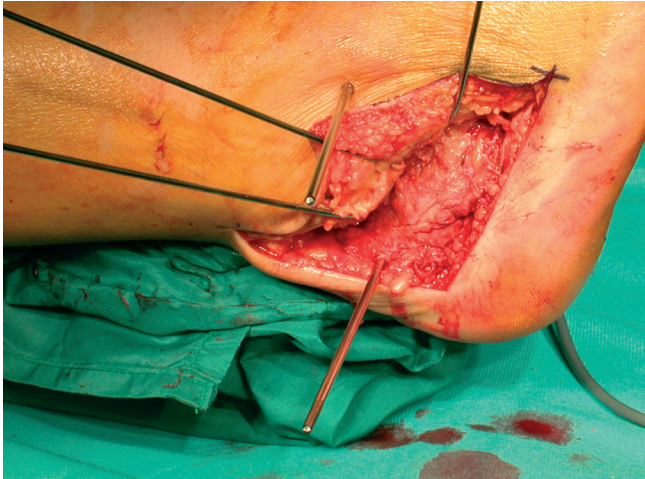


## ◦ Reduction

- ◆ Open reduction under view by mean of Schanz screw, Steinmann nails, guide wires
- ◆ Padding of comminuted zones with bone replacement

## ◦ Fixation

- Temporarily by guide wires, eventually by cancellous screws
- Forming the locking plate for calcaneus
- Fixation with the cancellous screws in the main fragments
- Finishing with locking screws



## ◦ Postoperative treatment

- Plastex cast of the lower leg for 2 weeks until healing
- Physical therapy
- Mobilization by crutches
- Relief of the strain for 8-12 weeks

## ◦ Explantation

If desired by the patient, the implant can be removed. Removal should be performed at the earliest 1 1/2 years later or after radiographic verification of the healed bone.

The problem of cold welding was resolved by using a special surface treatment (for further information see page 15).

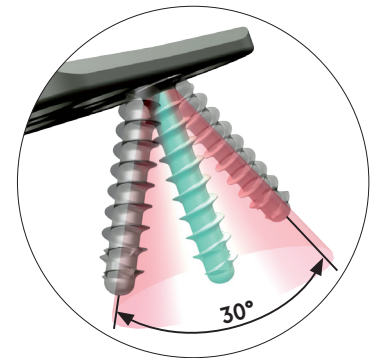
Information

3.

## ○ Locking

### Locking works because:

- ♦ Screw material (TiAlV) is slightly harder than plate material (Titanium Grade 2)
- ♦ Screw head **forms** thread into the plate (no cutting)



### Benefits:

- ♦  $\pm 15^\circ$  and Locking
- ♦ No pre threading
- ♦ No cold welding
- ♦ No debris
- ♦ You can re-set the screw up to 3 times

## ○ Dotize®

### Chemical process - anodization in a strong alkaline solution\*

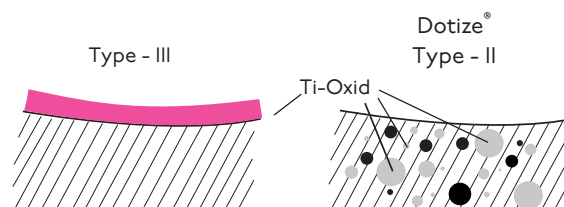
#### Type III anodization

- ♦ Layer thickness 60-200nm
- + Different colors
- Implant surface remains sensitive to:  
Chipping  
Peeling  
Discoloration

#### Dotize

#### Type II anodization

- ♦ Layer thickness 2000-10 000nm
- + Film becomes an interstitial part of the titanium
- No visible cosmetic effect



### Anodization Type II leads to following benefits\*

- ♦ Oxygen and silicon absorbing conversion layer
- ♦ Decrease in protein adsorption
- ♦ Closing of micro pores and micro cracks
- ♦ Reduced risk of inflammation and allergy
- ♦ Hardened titanium surface
- ♦ Reduced tendency of cold welding of titanium implants
- ♦ Increased fatigue resistance of implants
- ♦ Improved wear and friction characteristics

## ◦ Order list

Calcaneus Plate, Short  
Calcaneus Plate, Long

21061-51  
21061-60



Cancellous Screw, Locking, D=3.5mm, L=26mm, SH	37352-26-N
Cancellous Screw, Locking, D=3.5mm, L=28mm, SH	37352-28-N
Cancellous Screw, Locking, D=3.5mm, L=30mm, SH	37352-30-N
Cancellous Screw, Locking, D=3.5mm, L=32mm, SH	37352-32-N
Cancellous Screw, Locking, D=3.5mm, L=34mm, SH	37352-34-N
Cancellous Screw, Locking, D=3.5mm, L=36mm, SH	37352-36-N
Cancellous Screw, Locking, D=3.5mm, L=38mm, SH	37352-38-N
Cancellous Screw, Locking, D=3.5mm, L=40mm, SH	37352-40-N
Cancellous Screw, Locking, D=3.5mm, L=42mm, SH	37352-42-N
Cancellous Screw, Locking, D=3.5mm, L=44mm, SH	37352-44-N
Cancellous Screw, Locking, D=3.5mm, L=46mm, SH	37352-46-N
Cancellous Screw, Locking, D=3.5mm, L=48mm, SH	37352-48-N
Cancellous Screw, Locking, D=3.5mm, L=50mm, SH	37352-50-N



Screwdriver, WS 2.5, with self-holding sleeve

56252



Depth Gauge, Solid Small Fragment Screws

59022



Drill Guide, D=2.0/2.7mm

62202



Spiral Drill, D=2.0mm, L=100mm, AO Connector

61203-100



Sterilization Tray, Calcaneus Plate

50171

For detailed cleaning and sterilization instructions, please refer to package insert.



Tray



## Notes

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



Handwriting practice lines consisting of 25 horizontal red lines.



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