CALCANEUS DISTRACTOR & HEEL PRESS

- Through a small incision, running transversely from lateral, D=3.2mm K-wires (35324-228) are inserted through the neck of the talus and the tubular part of the calcaneus.
- One of the distractors (2/053000/) is guided over the lateral ends of the K-wires.
- This distractor should rest 20mm from the epidermis. The threaded rod of the distractor points to the proximal lateral side of the foot.
- Medially, the side with the rotating wheel is placed in the same way, but the threaded rod is on the distal side of the foot.
- The ends of the wires are bent by 90° using the wire bender (210530010) to prevent the wires from sliding out when the distractor is used.
- Under X-ray control, distraction now begins by turning the wheel to the left or right.
- The jaws of the heel compressor (2/05300//) are placed on both sides of the heel below the ankle.
- With these clamps, the lateral wall of the calcaneus and the lateral dislocation is set into their anatomical position.
- After reduction and fixation of the calcaneus with the calcaneus plate or screws, the guide wires are cut off below of one side of the distractor and pulled out together with the distractor on the other side.











