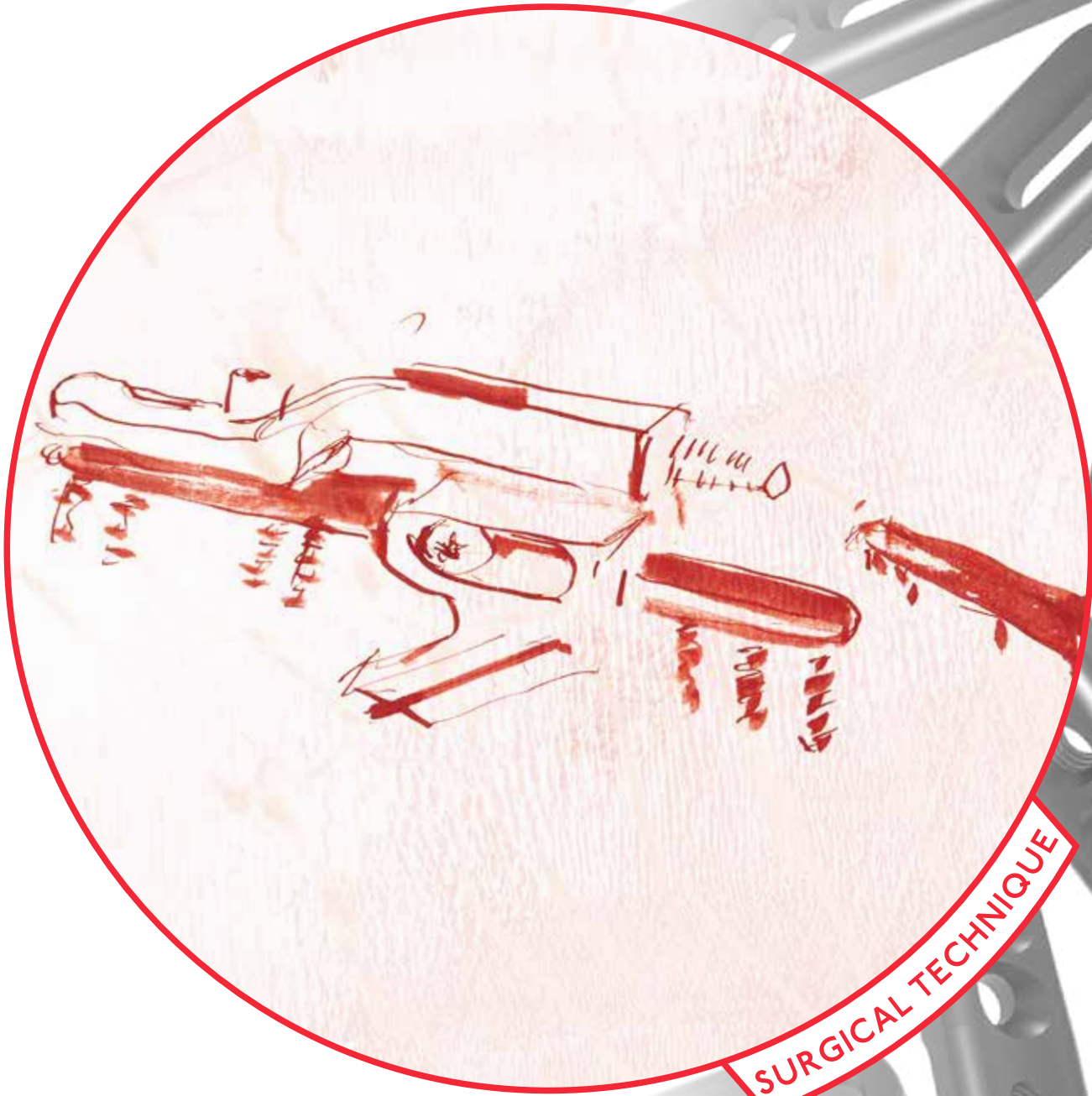


# ITS.

Implants for Trauma Surgery



Ulna  
Osteotomy  
Locking Plate II

## THE ART of TRAUMA SURGERY

*The Art of Trauma Surgery* is a collaborative project between I.T.S. and Austrian artist Oskar Stocker that celebrates the skill, perseverance, and artistry of surgeons and engineers who work tirelessly to improve outcomes for trauma patients.

At I.T.S., we stand for long-term, trusting relationships with our customers, suppliers, and development partners. Through our devotion to innovation and development, we continuously seek to improve and optimize products and techniques in the field of traumatology.

We believe that the success of our mission lies in the combination of the technical expertise, compassion and dedication of surgeons and engineers to help patients regain their health and well-being. Join us in celebrating these remarkable individuals and *The Art of Trauma Surgery!*

### About the Artist

The Austrian artist Oskar Stocker (b. 1956) lives and works in Graz, Austria. He has become known internationally through the exhibition *Facing Nations*, which consists of portraits of more than 120 people of various nationalities living in Graz; it was shown first in Graz itself, then in Vienna, and later culminated in 2010 with its display at the UN Headquarters in New York City.

In addition to the portraits of individual people, he devotes himself to the depiction of landscapes and objects, down to the smallest detail.



1200

**CAUTION:** Federal Law (USA) restricts this device to sale by or on the order of a board certified physician.

**WARNING:** If there is no sufficient bone healing, wrong or incomplete postoperative care, the implant might break.

All I.T.S. plates are preformed anatomically as a matter of principle. If adjustment of the plate to the shape of the bone is required, this is possible by carefully bending gently in one direction once. Particular care is required when bending in the region of a plate hole, as deformation of the plate may lead to a failure of the locking mechanism. The plate must not be buckled or bent several times. This is particularly important in the case of titanium implants, to prevent material fatigue and subsequent failure. The method of bending is the conscious responsibility of the operating doctor; I.T.S. GmbH can accept no liability whatsoever for this.

# Table of Contents

## I. Introduction

- 8 Plate Technology
- 9 System Overview
- 10 Properties
- 11 Indications
- 11 Contraindications

## 2. Surgical Technique

- 14 Assembly of Instruments
- 15 Pre-operative Patient Preparation
- 15 Exposure
- 16 Plate Insertion
- 17 Placement of distal Screws
- 18 Placement of Tension Bolts
- 20 Shortening
- 21 Reduction
- 24 Placement of the Screws
- 26 Removal of Instruments
- 27 Postoperative Treatment
- 27 Explantation

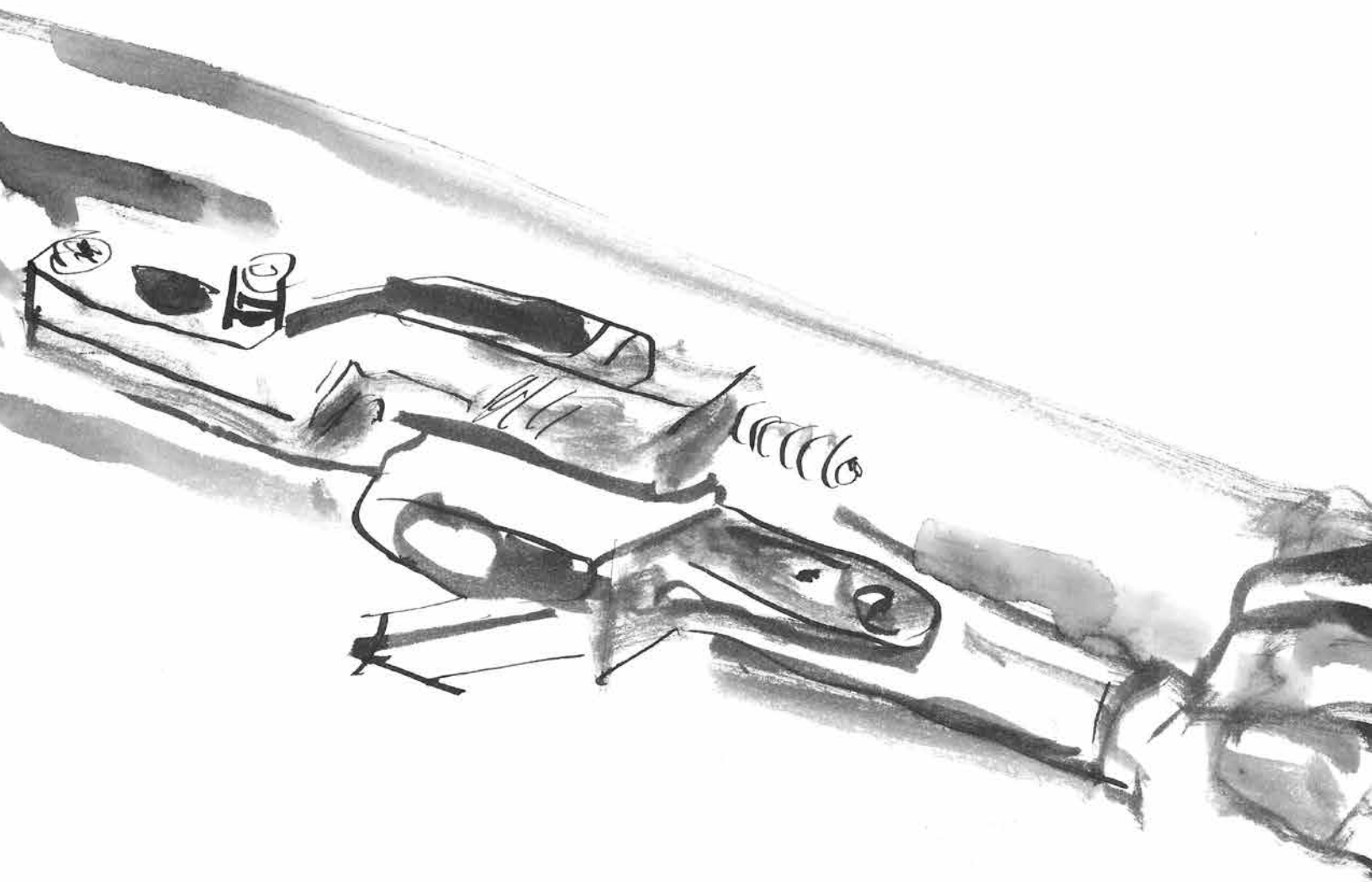
## 3. Information

- 30 Technical Information
- 31 Type II Anodization
- 32 Ordering Information

Introduction

Surgical Technique

Information



How

# Introduction



## ○ Plate Technology

At ITS., we stand for long-term, trusting relationships with our customers, suppliers, and development partners. Through our dedication to innovation and development, we continuously seek to improve and optimize products and techniques for trauma surgery.

### ○NE Technology for all implants

All ITS. plates are made from Titanium Grade 2, whereas the screws are made of a harder titanium alloy. This allows the plates to have only non-threaded holes, which all (with the exception of oblong holes) accept both non-locking and locking screws.



When a locking screw is inserted, it forms threads into the plate. There is no cutting and thus no debris is created. Each locking screw can be locked at a free placement within a cone of angulation up to  $\pm 15^\circ$  and can be re-positioned up to three times.

## ○ System Overview

With the advanced ITS. Ulna Osteotomy Locking Plate II, a plating system equipped with locking and compression screws is available, specifically tailored to the anatomical and biomechanical requirements following a shortening osteotomy of the distal ulna.

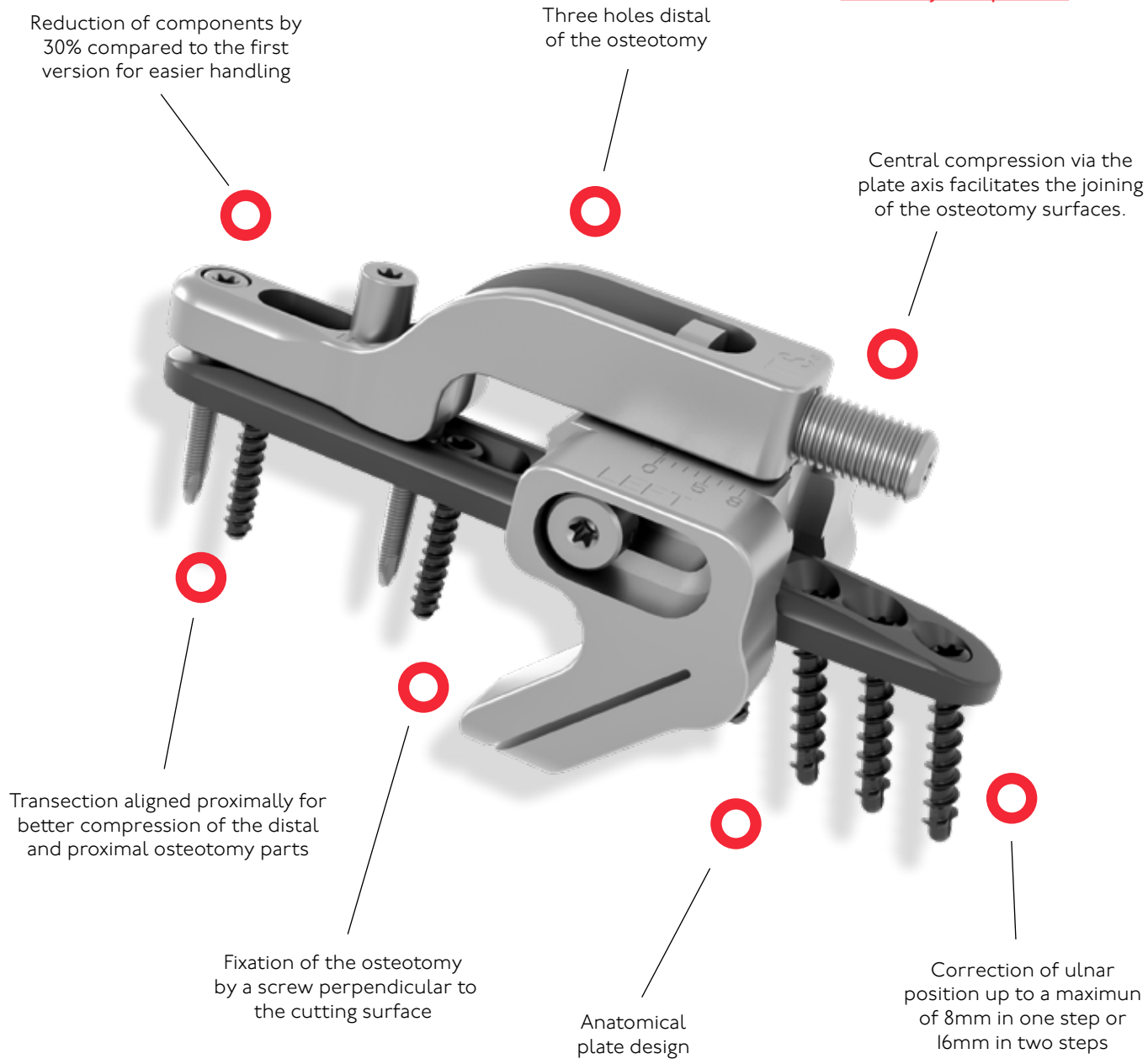
This all-in-one solution allows for a unique plane-parallel cross-section through the simplified device setup, with a rotationally stable shortening process and compression option.

The resulting standardization of multiple surgical procedures within a single device system enhances and ensures the quality of the surgical process.



# ○ Properties

## ALL-IN-ONE-SOLUTION Placement of the tension bolts, osteotomy, compression



# ○ Screws

32271-xx

**NON-LOCKING**

Cortical Screw, D=2.7mm  
Spiral Drill, D=2.0mm  
Torque, T9



37241-xx

**LOCKING**

Stabilization Screw, D=2.4mm  
Spiral Drill, D=1.8mm  
Torque, T9



37303-xx

**LOCKING**

Cancellous Stabilization Screw,  
D=3.0mm  
Spiral Drill, D=2.0mm  
Torque, T9



37304

**LOCKING**

Cortical Stabilization Screw,  
D=3.0mm  
Spiral Drill, D=2.4mm  
Torque, T9



## ○ Indications

- Impaction syndrome of the ulnar wrist
- Symptomatic, post-traumatic ulnar malposition in the distal radio-ulnar joint (DRUJ)
- Degenerative ulnar wrist
- Correction of the ulnar position relative to the unaffected other side up to a maximum of 8mm in one step or 16mm in two steps

### Extended Indications:

- Primary ulnar shortening in forearm fractures with insufficient reconstruction of the length of the radius
- Deformities
- Degenerative ulnar variant in conically shaped DRUJ according to Förstner

## ○ Contraindications

- Existing infections in the fracture zone and operation area
- Common situations that do not allow osteosynthesis (osteoporosis)
- Lack of patient compliance

# Surgical Technique

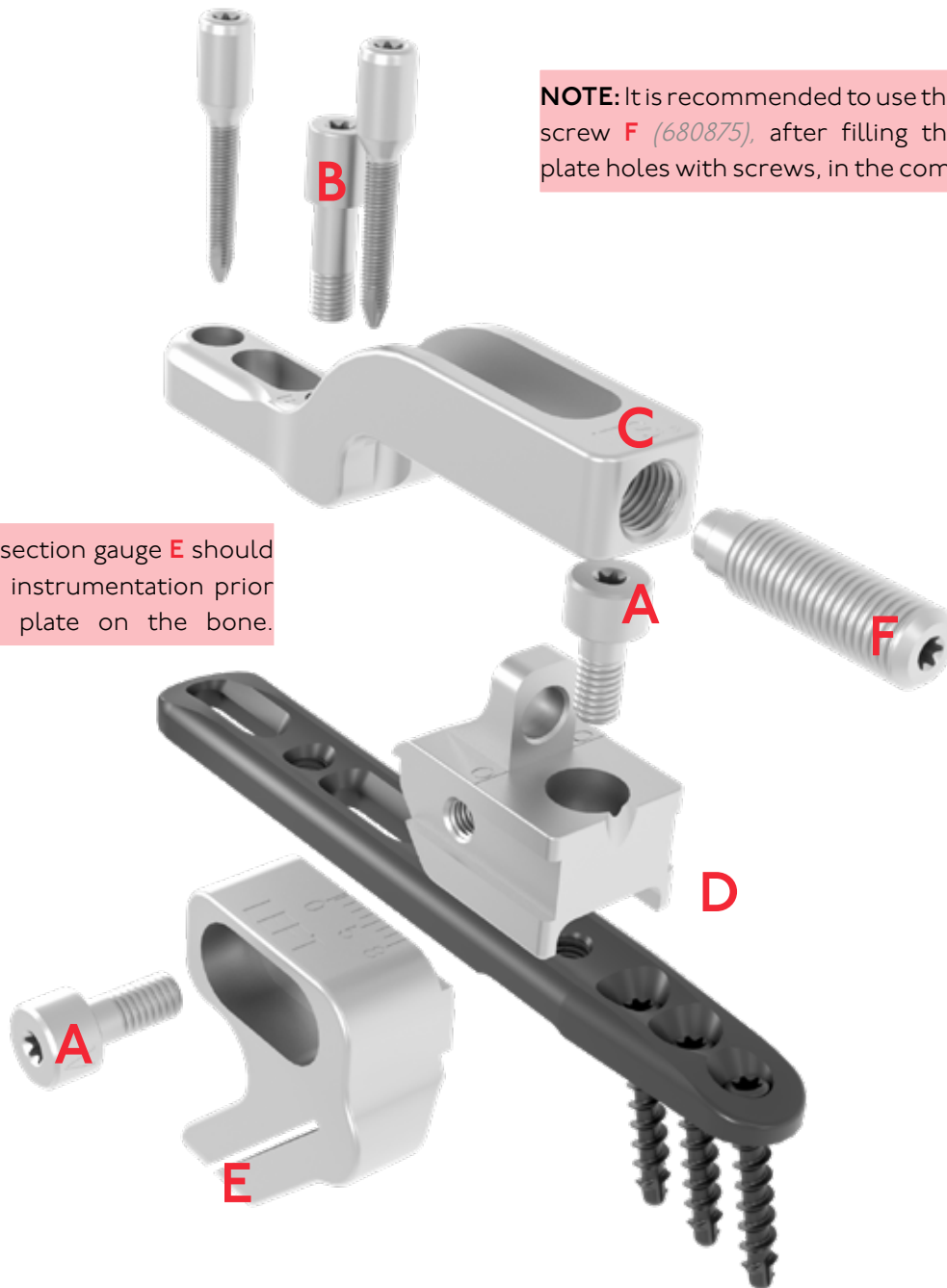
2.

## ○ Assembly of Instruments

- The mounting of the instruments for the application on the left and right ulnar bones differs only in the attachment of the transection gauge. The other components are identical for both sides.
- First, the jig **D** (680870) is fixed on the plate with the fixing screw **A** (680871). The recess for the 45° hole points to proximal. The front flat side of the carrier unit must be aligned with the laser marking transverse to the plate axis, to enable an easier fixation.
- Afterwards, fix the compression slide **C** (680876) with the fixing screw **B** (680872-2) on the plate.
- Then, fix the transection gauge **E** (680873 for the right side / 680874 for the left side) with the screw **A** (680871) on the carrier unit.

**NOTE:** It is recommended to use the compression screw **F** (680875), after filling the three distal plate holes with screws, in the compressing slide.

**NOTE:** The transection gauge **E** should be fixed on the instrumentation prior to placing the plate on the bone.



## ○ Pre-operative Patient Preparation

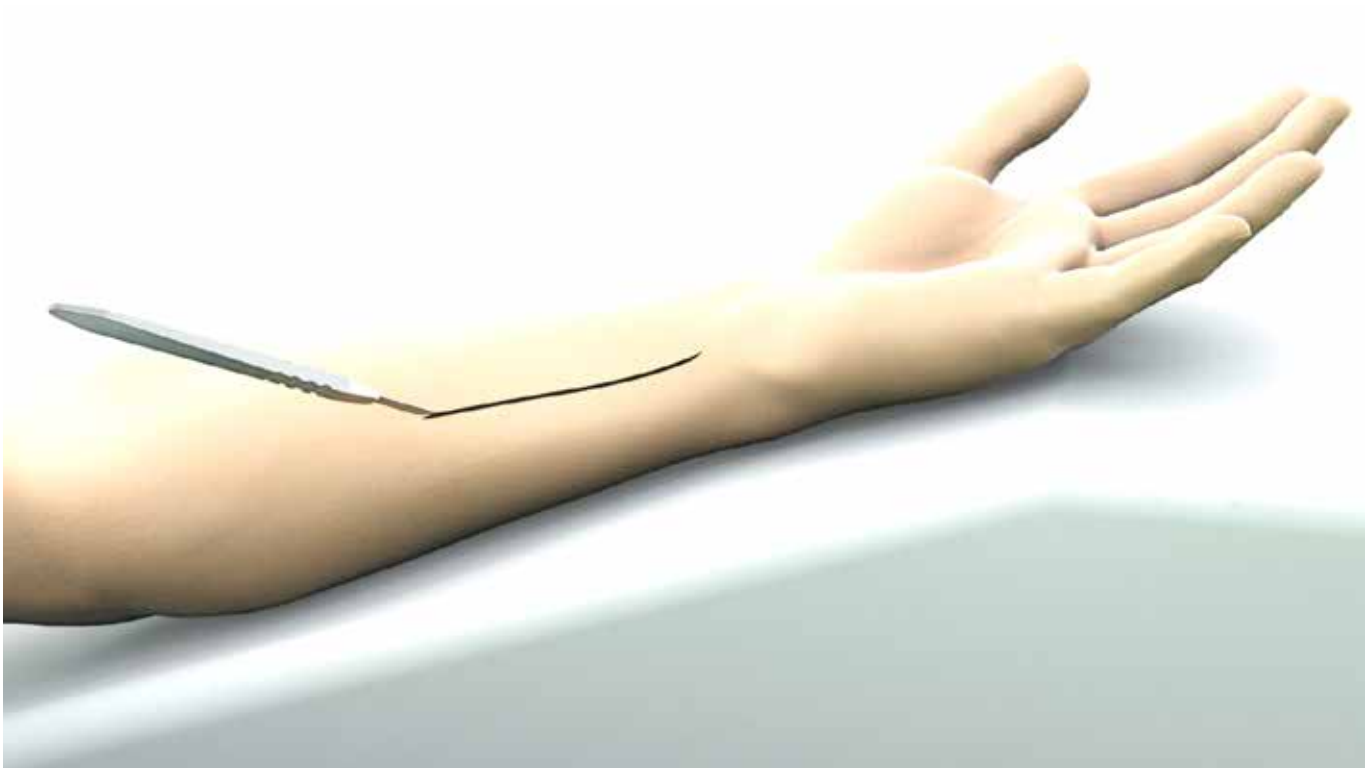
- Place the patient in a supine position, drape the arm to be freely mobile and place it on a radiolucent table at a shoulder abduction of 90°. Perform the operation under regional or general anaesthesia with or without using a tourniquet on the upper arm.
- The shape of the implant allows for palmar, ulnar or dorsal positioning of the plate. The plate should be completely fitted to the bone without protruding. As the distal palmar section of the ulna is usually curved, more proximal positioning of the plate or slightly pre-bending of the implant are recommended.

**IMPORTANT:** When bending the plate, make sure you bend the plate at the 3 distal bore holes only. If you bend the plate too much, it may happen that the “Locking” System doesn’t work due to deformation.

## ○ Exposure

- The upper extremity is rotated outwards, the elbow is bent, and the wrist is supported with a roll.
- Begin the incision of the skin approximately 2–3cm proximal of the evident ulna styloid process. It shall run 5mm palmar, parallel to the evident interosseous border approximately 7–8cm proximal.

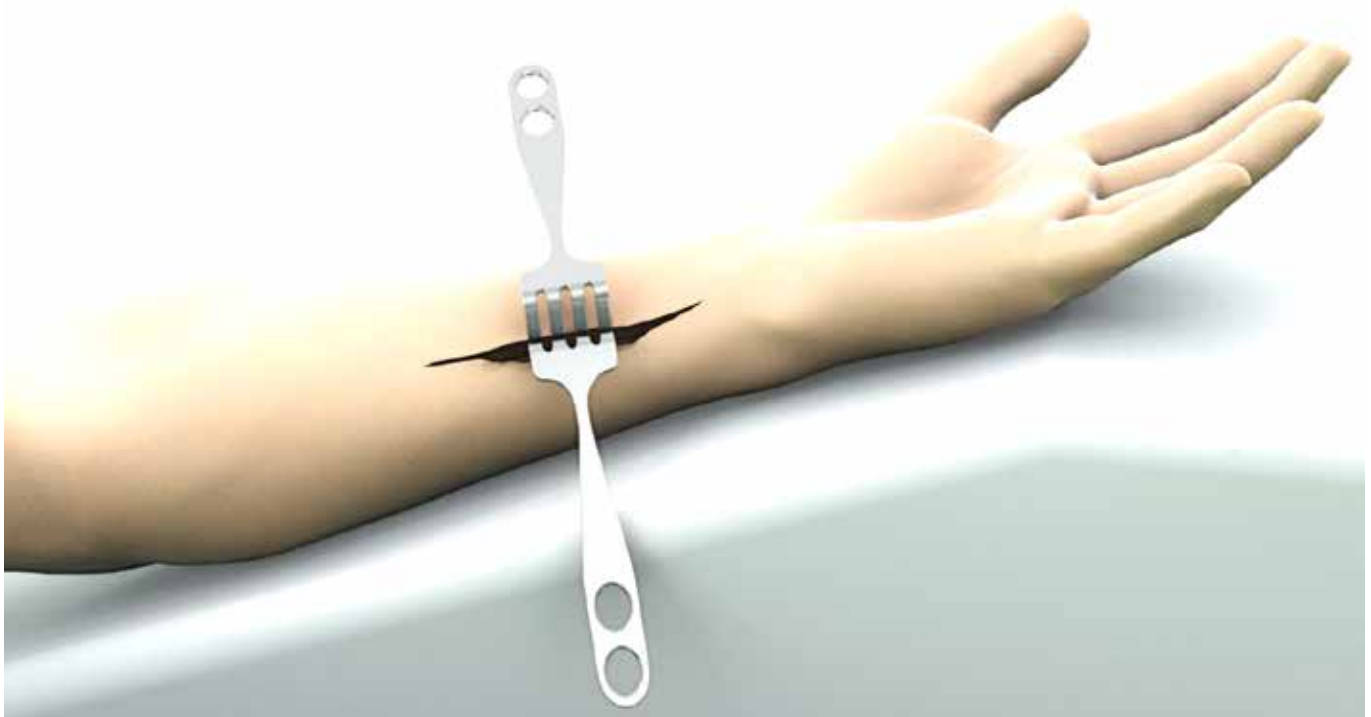
**IMPORTANT:** It is mandatory to pay attention to the dorsal branch of the ulnar nerve.



## ○ Plate Insertion

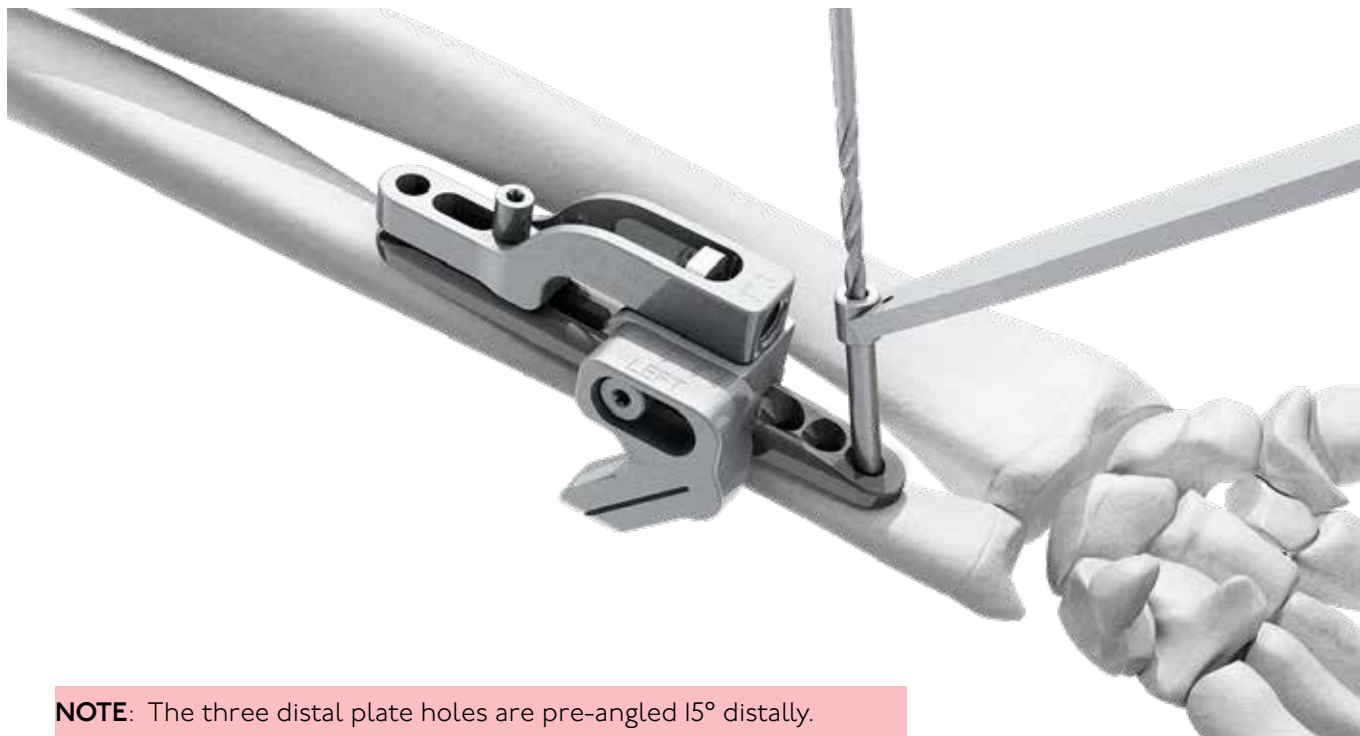
- After opening the forearm fascia, mobilize bluntly the belly of the FCU (M. flexor carpi ulnaris) at its insertion point at the ulna and retract it medially using Hohmann retractors. Define the optimal position of the plate and incise the dorsal forearm fascia in the designated osteotomy area.

**IMPORTANT:** When bending the plate, make sure you bend the plate at the 3 distal bore holes only. If you bend the plate too much, it may happen that the "Locking" System doesn't work due to deformation.



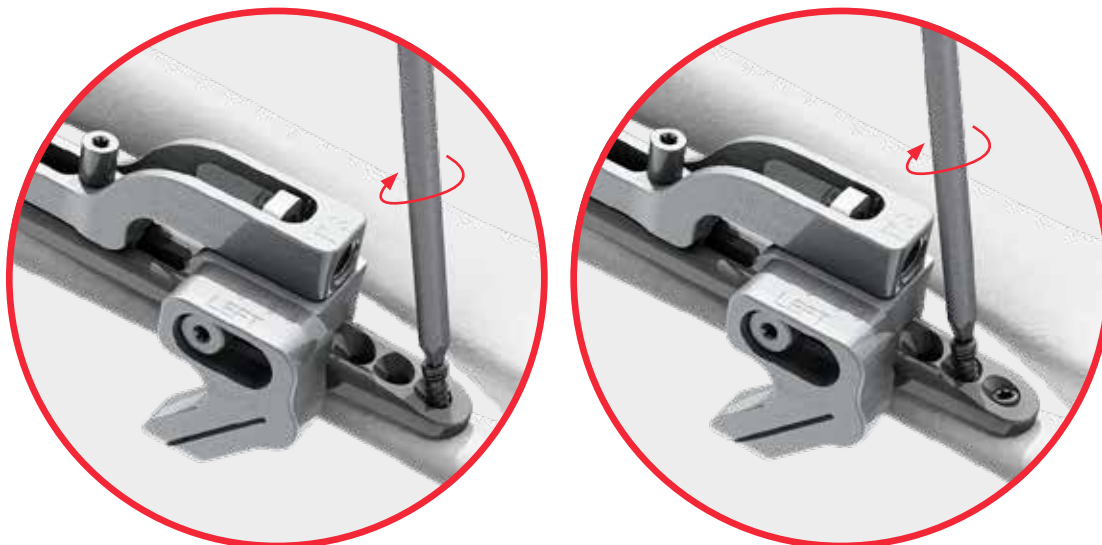
## ○ Placement of distal Screws

- At the beginning, the 3 distal plate holes are optionally filled with locking screws.
- Use the spiral drill and the drill guide (62221) for the three distal drillings (drill hole diameter depends on the screw selection) and measure the corresponding length with the depth gauge, PROlock II (59026).



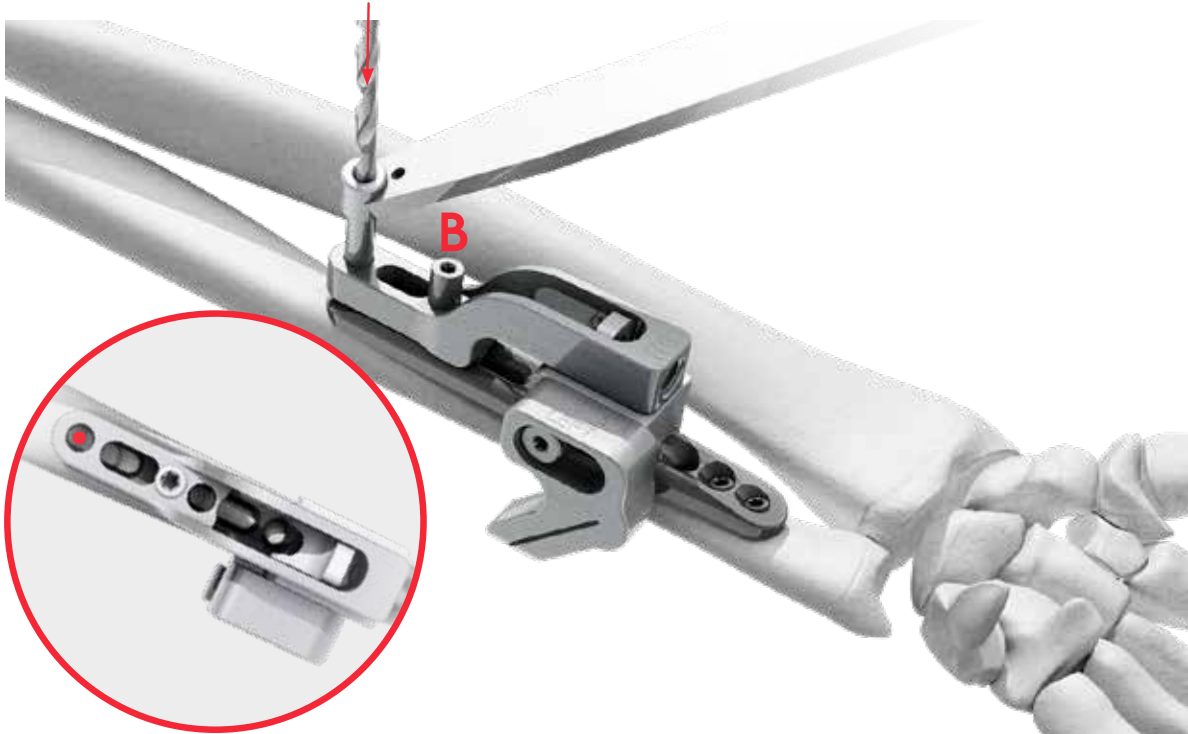
**NOTE:** The three distal plate holes are pre-angled 15° distally.

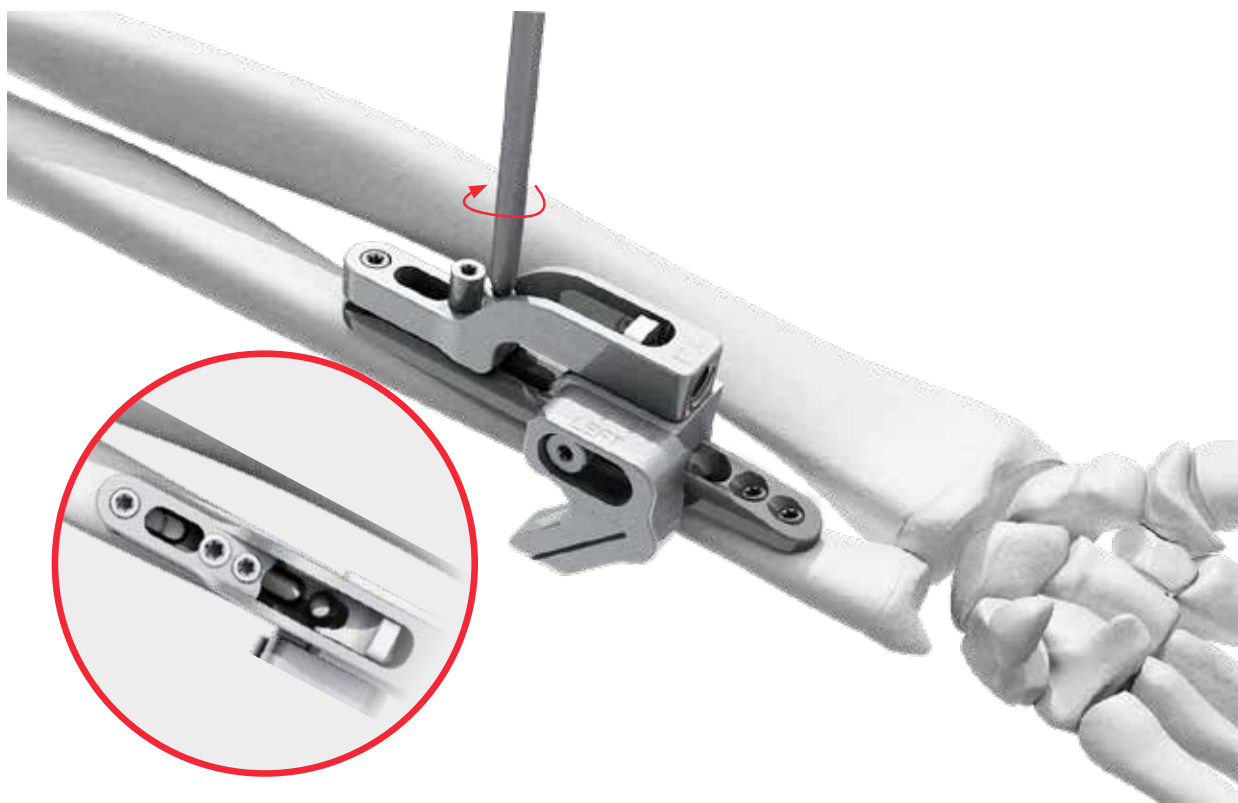
**TIP:** If necessary, use a non-locking D=2.7mm cortical screw in the middle distal plate hole to adjust the proximal plate position.



## ○ Placement of Tension Bolts

- For the placement of the tension bolts, the compression slide must be fixed with the fixing screw **B** (680872-2) on the plate.
- Then the drill guide (62221) is inserted into the corresponding holes of the compression slide and drilled bi-cortically with the D=2.0mm spiral drill (61203-100).
- Afterwards the tension bolts can be inserted with a screwdriver T9x70 (56095-70) through the compression slide.





- Subsequently the fixing screw **B** (680872-2) can be removed and the compression screw (680875) can be screwed into the slide.

Remove fixing screw **B**



Insert compression screw



## ○ Shortening

- Incise the periosteum at the osteotomy site and minimally retract it before starting. Using the transection gauge and producing as little heat as possible, make two atraumatic, parallel cuts according to the measured shortening.
- The first cut must be performed at the cutting position „0“. The second incision at the desired osteotomy length (maximum 8mm for the single-stage osteotomy or 16mm for the two-stage osteotomy).

**TIP:** The thickness of the saw blade is a maximum of 0.7mm. We recommend a saw blade 0.5 – 0.7mm in thickness, to achieve a precise cut.

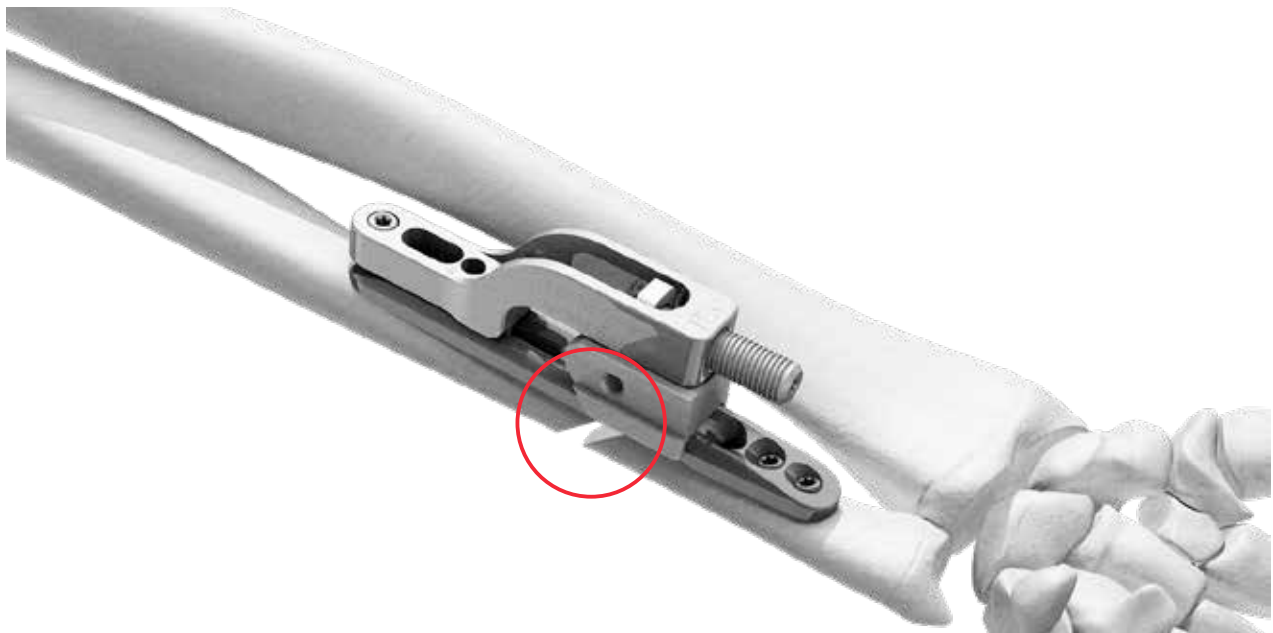


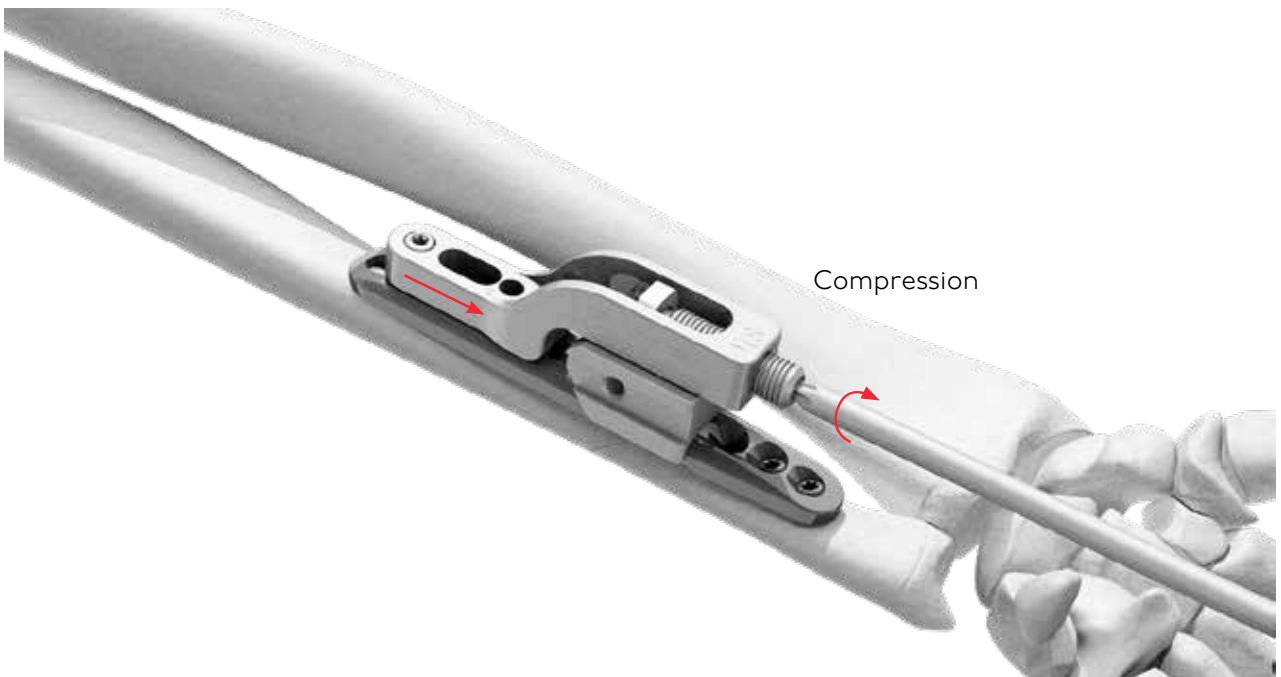
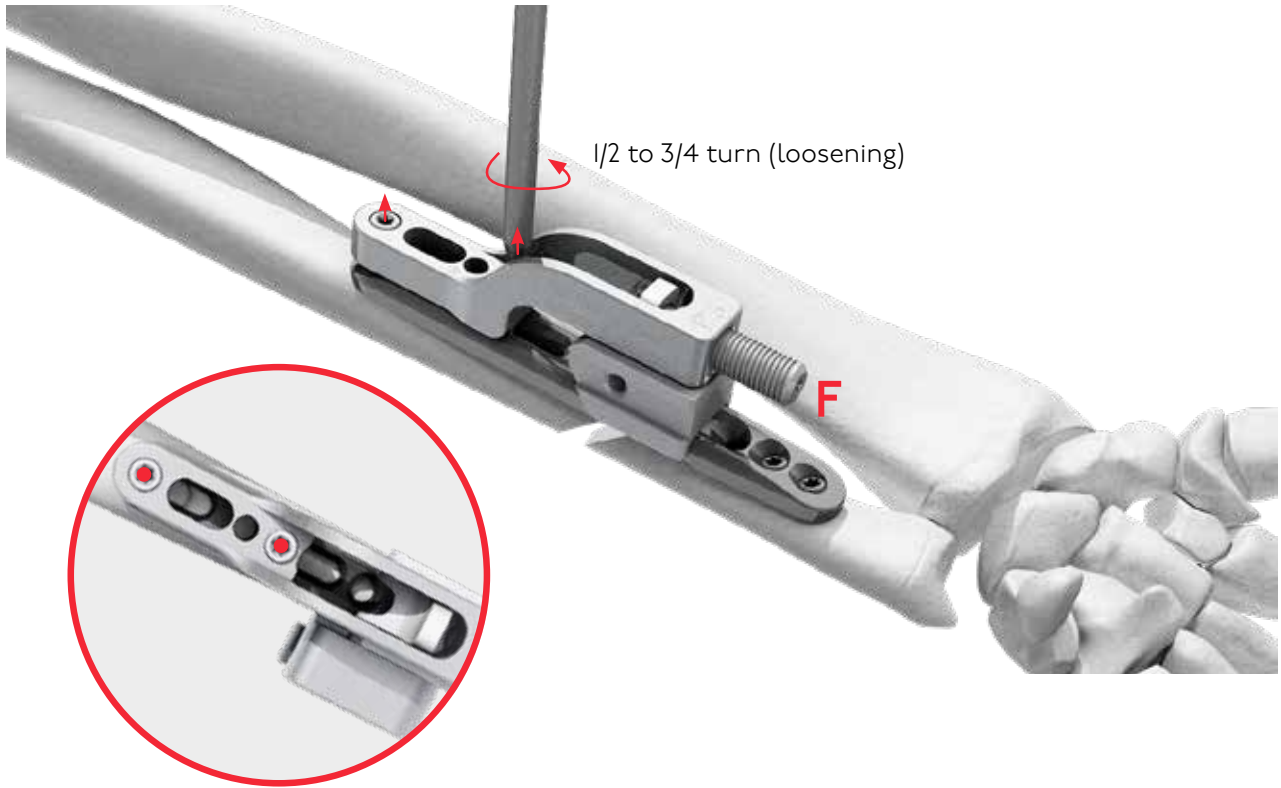
## ○ Reduction

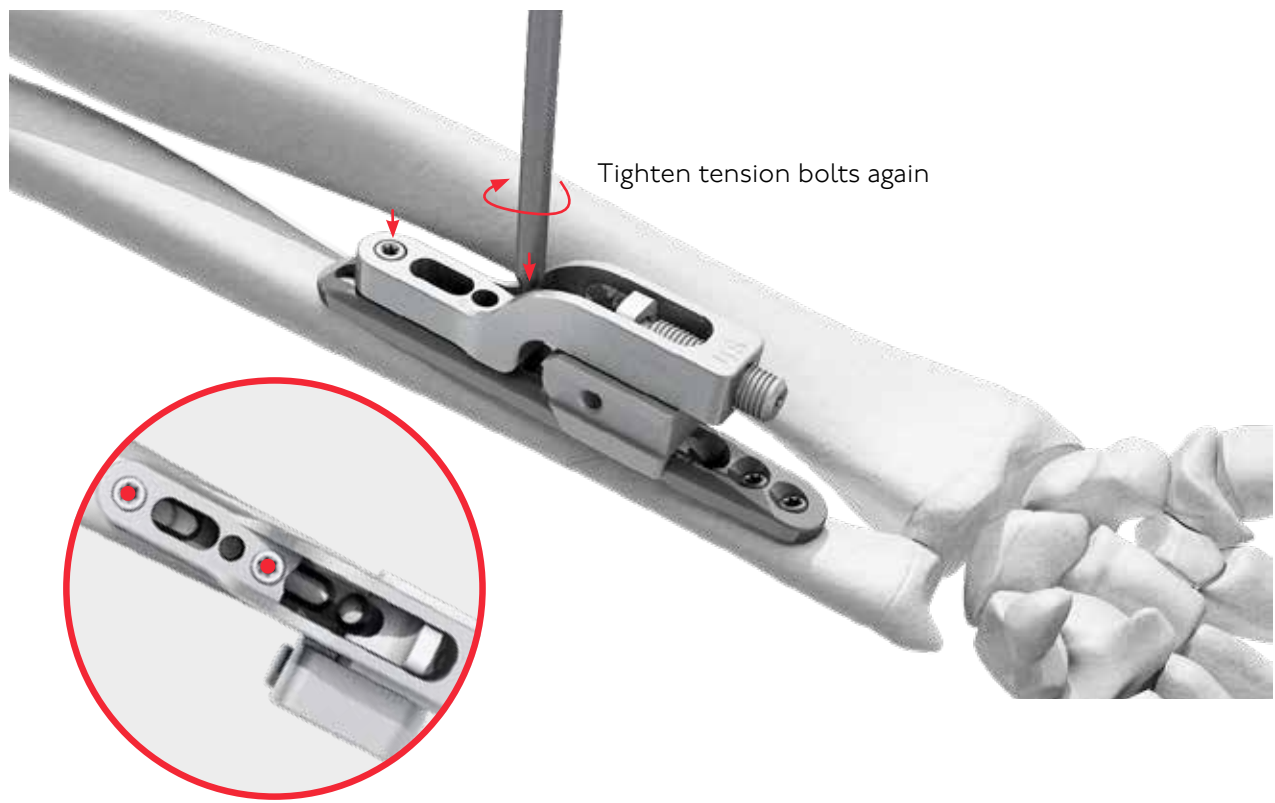
- After removal of the dissection, the osteotomy surfaces must be cleaned meticulously of bone or soft tissue remnants. After loosening the tension bolts (1/2 to 3/4 turn), shortening is performed using the compression screw **F** (680875) and the compression slide (680876) which sits on the tension bolts.

**NOTE:** If there are excessive tensions and shortening difficulties, this is usually the consequence of bone or soft tissue remnants.

- After the osteotomy surfaces are in contact, the reduction may additionally be secured using holding forceps prior to compression. Finally, tighten the tension bolts firmly.



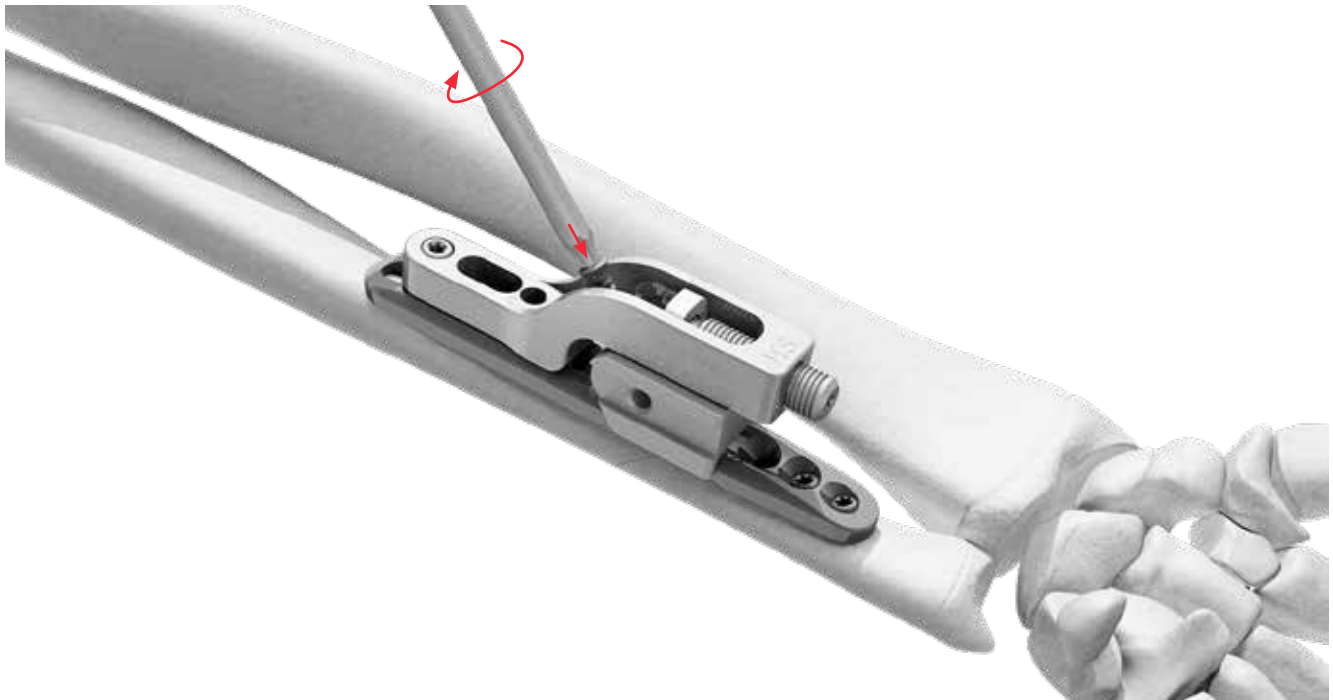




## ○ Placement of the Screws

- The 45° drill hole is filled with a D=2.7mm cortical screw (32271-XX) as a fixing screw after drilling with the spiral drill, D=2.0mm, L=100mm, AO-Connector (61203-100).

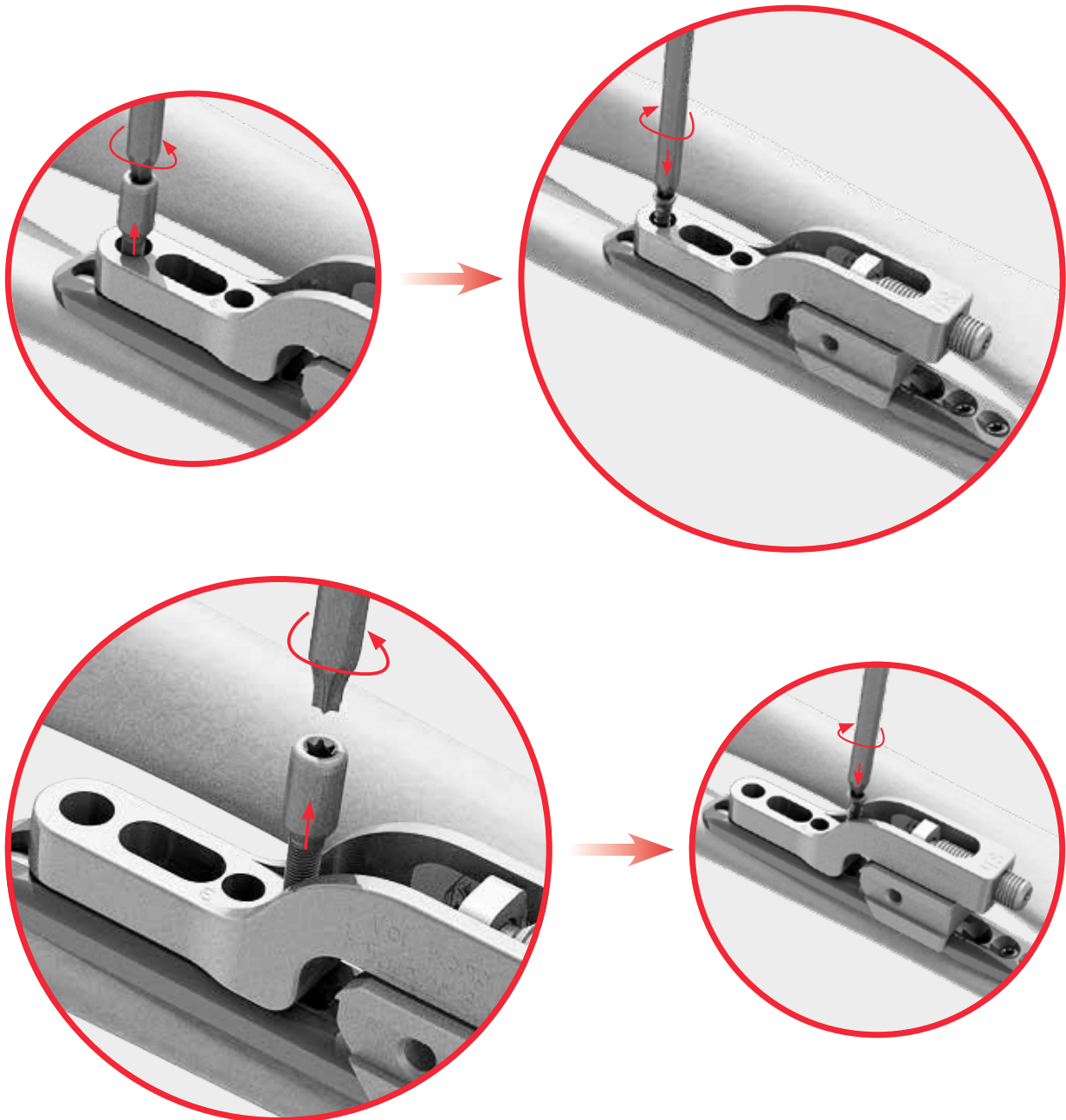
**TIPP:** The cortical screw can be optionally used as a tension screw (drilling of the cortical bone next to the plate with the spiral drill, D=2.4mm, L=100mm, AO-Connector (61243-100)).



**NOTE:** In order to avoid a collision of the third distal screw with the transection screw (45° osteotomy fixing screw), the distal screw must be inserted with a 15° angle distally (depending on the diameter of the ulna bone). The drilling direction should be selected in such a way, that the opposite cortical bone is not weakened. A monocortical insertion with a locking screw is possible as well.

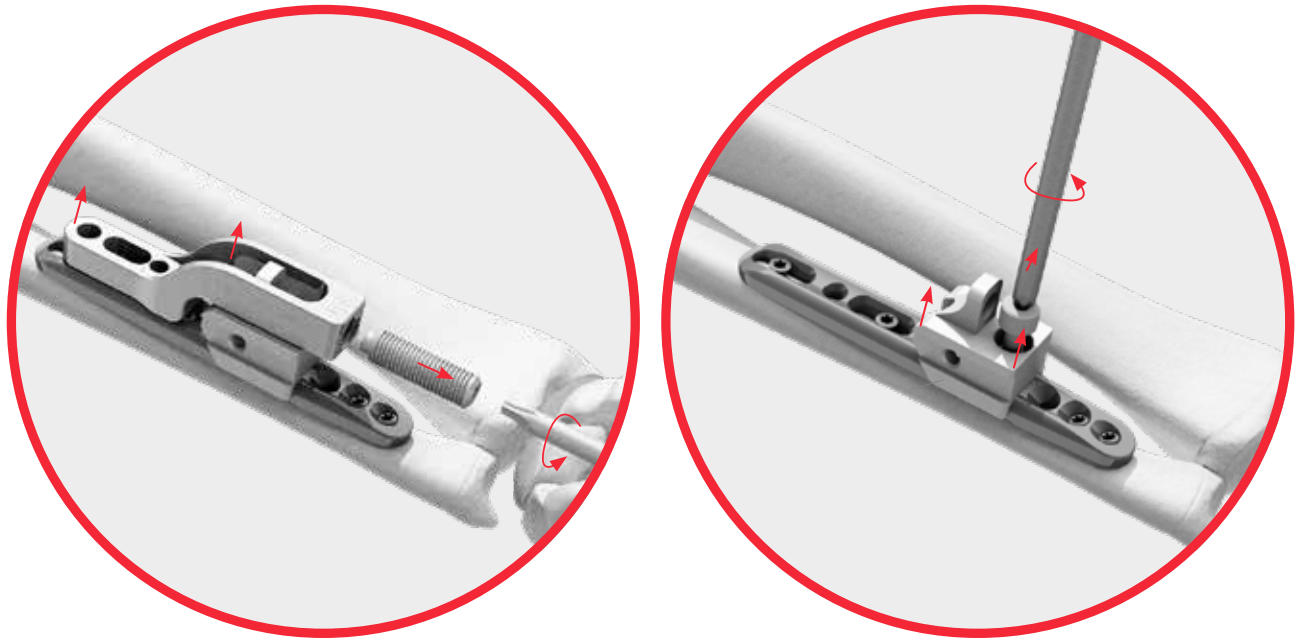
- It is possible to insert two screws - either locking or non-locking - in two holes proximal to the osteotomy without dismounting the compression slide.
- Afterwards the pre-tension can be released, and the tension bolts can be replaced with a cortical screw D=2.7mm (32271-XX). At first remove the proximal tension bolt and subsequently the tension bolt close to the osteotomy.

**IMPORTANT:** The fourth distal hole is just for the carrier unit assembly and must not be used for an implant screw.



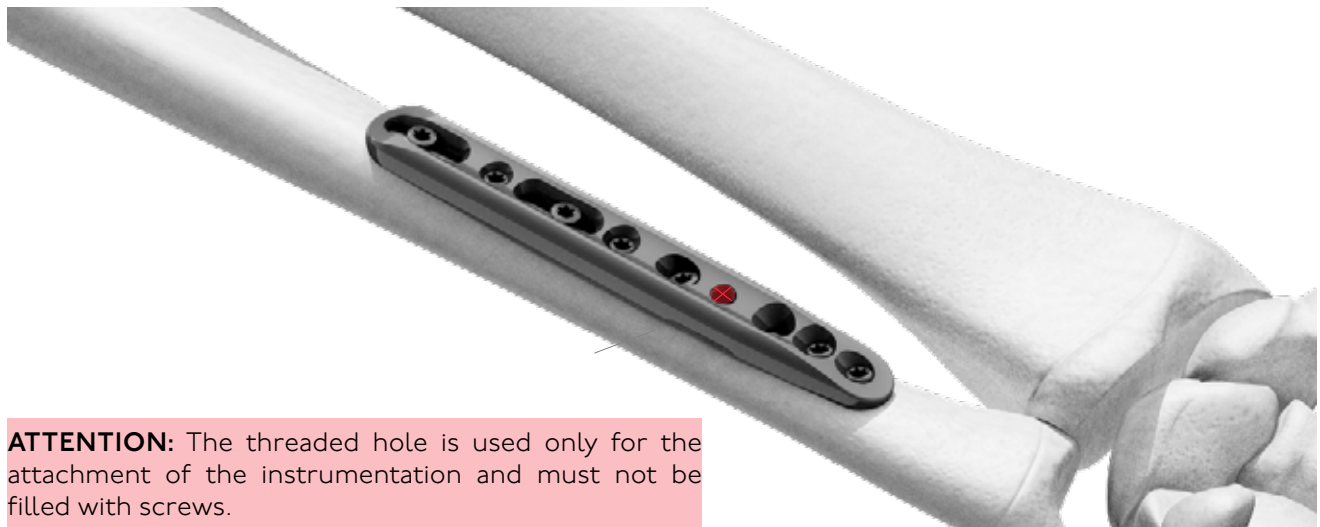
## ○ Removal of Instruments

- After replacing the tension bolts with cortical screws (32271-XX), the compression slide and the carrier unit can be removed.



**NOTE:** If the most proximal distal plate hole has not yet been used, remove the compression slide and place the drill guide on the countersink of the jig (15° distal pre-angled). Make sure that there is no contact with the 45° lag screw!

- Optionally, either locking or non-locking screws can be inserted into the remaining plate holes (Drilling diameter depends on screw selection) Appropriate lengths can be determined previously with the screw depth gauge, PROlock II (59026).
- The rearward periosteum is intended to cover the osteotomy area.
- After verification of the rotation and radiological control of the osteotomy gap, plate position and screw length, closure of the fascia and skin is performed.
- Drainage as required.



**ATTENTION:** The threaded hole is used only for the attachment of the instrumentation and must not be filled with screws.

## ○ Postoperative Treatment

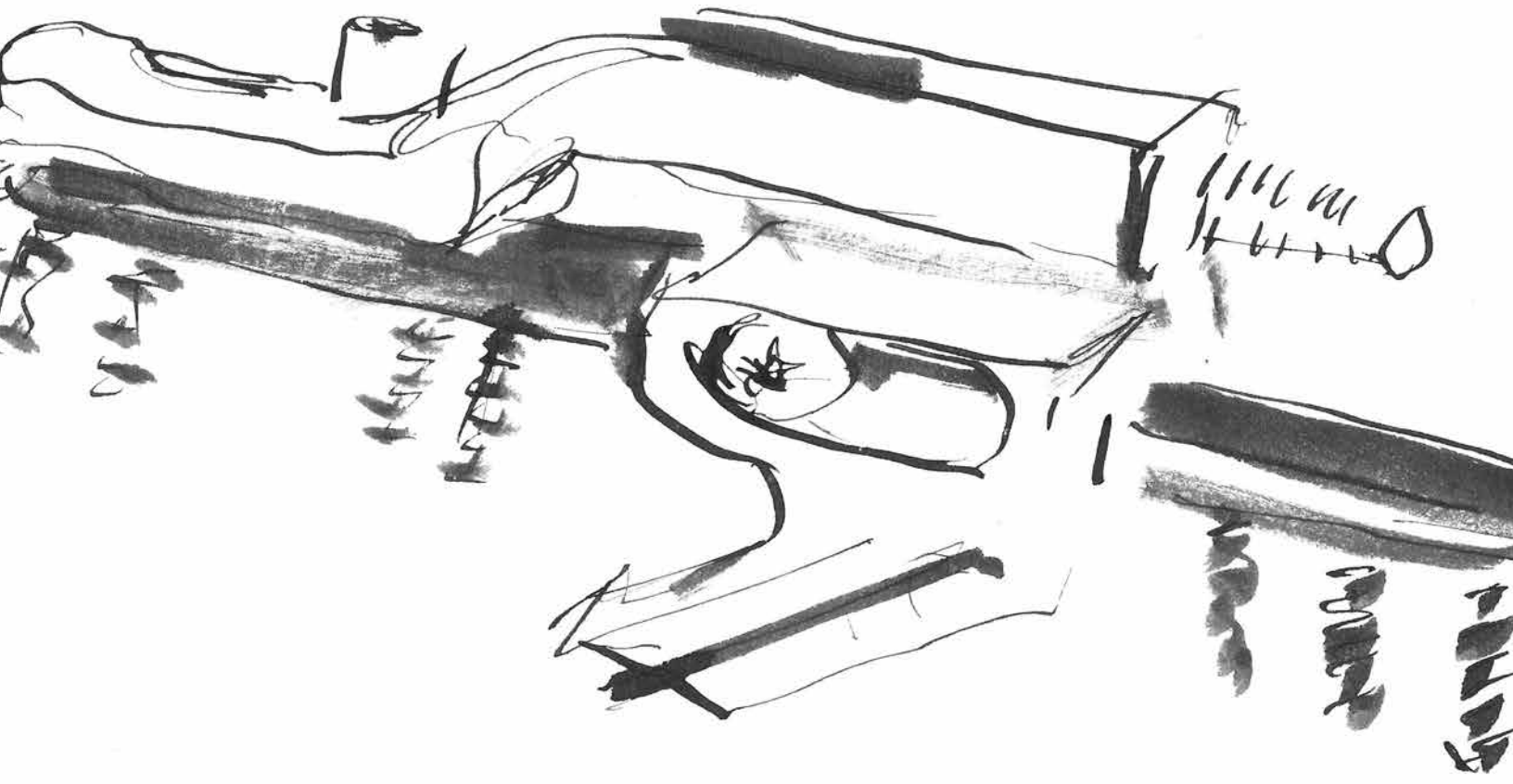
- Forearm splint for 3 weeks.
- Physical therapy aiming at freely closing the fist and bending/ stretching of the elbow joint. During this period, rotation of the forearm should be restricted to R: 30/0/30.
- From the 5th postoperative week on, this is to be focused upon in accordance with the clinical and radiological follow-up examination results.

## ○ Explantation

If desired by the patient, the implant can be removed.

Removal should be performed at the earliest 1 1/2 years later or after radiographic verification of the healed bone.

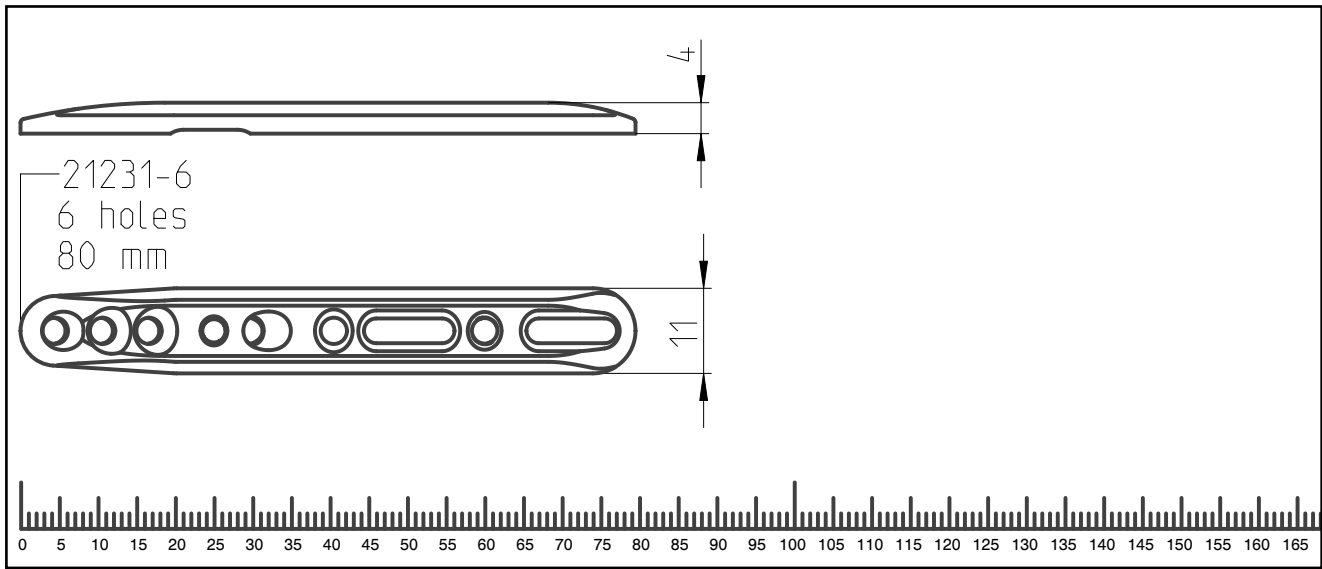
The ITS. Type II anodization surface treatment reduces the risk of cold welding of titanium implants (for more information, see page 31).



# Information

3.

# ○ Technical Information



For detailed cleaning and sterilization instructions, please refer to package insert.

Not true to scale

# ○ Type II Anodization

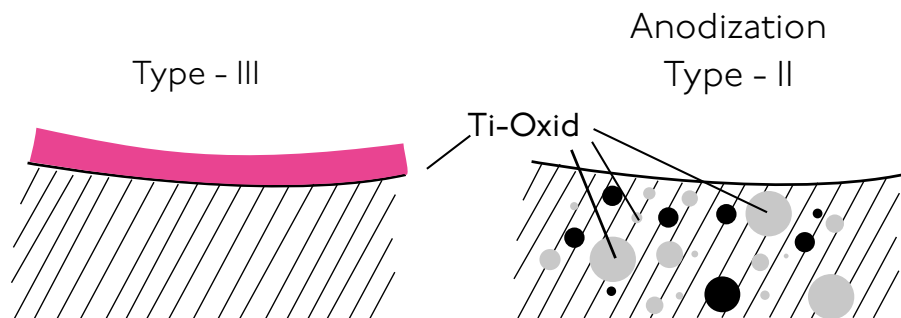
Chemical process - anodization in a strong alkaline solution\*

## Type III anodization

- Layer thickness 60-200nm
- + Different colors
- Implant surface remains sensitive to:
  - Chipping
  - Peeling
  - Discoloration

## Type II anodization

- Layer thickness 1000-2000nm
- + Film becomes an interstitial part of the titanium
- No visible cosmetic effect



## Anodization Type II leads to following benefits\*

- Oxygen and silicon absorbing conversion layer
- Decrease in protein adsorption
- Closing of micro pores and micro cracks
- Reduced risk of inflammation and allergy
- Hardened titanium surface
- Reduced tendency of cold welding of titanium implants
- Increased fatigue resistance of implants
- Improved wear and friction characteristics

\* White Paper: Ti6Al4V with Anodization Type II: Biological Behavior and Biomechanical Effects; Axel Baumann, Nils Zander


# Ordering Information

## Ulna Osteotomy Plate




Description	Size	Holes	Article Number
Ulna Osteotomy Plate, 6-hole		6	21231-6

## Screws

Cortical Screw D=2.7mm	Length	Article Number
	10	32271-10
	12	32271-12
	14	32271-14
	16	32271-16
	18	32271-18
	20	32271-20
	22	32271-22
	24	32271-24
26	32271-26	

Stabilization Screw D=2.4mm	Length	Article Number
	10	37241-10
	12	37241-12
	14	37241-14
	16	37241-16
	18	37241-18
	20	37241-20
	22	37241-22
24	37241-24	

Cancellous Stabilization Screw, D=3.0mm	Length	Article Number
	10	37303-10
	12	37303-12
	14	37303-14
	16	37303-16
	18	37303-18
	20	37303-20
	22	37303-22
	24	37303-24

Cortical Stabilization Screw, D=3.0mm	Length	Article Number
	10	37304-10
	12	37304-12
	14	37304-14
	16	37304-16
	18	37304-18
	20	37304-20
	22	37304-22
	24	37304-24

## Instruments

### Depth Gauge



59026

Description	Article Number
Depth Gauge, PROlock II	59026

### Drill



61183-100



61203-100



61243-100

Description	Article Number
Spiral Drill, D=1.8mm, L=100mm, AO-Connector	61183-100
Spiral Drill, D=2.0mm, L=100mm, AO-Connector	61203-100
Spiral Drill, D=2.4mm, L=100mm, AO-Connector	61243-100

## Drill Guide



6222I

Description	Article Number
Drill Guide, D=2.0/2.4mm	6222I

## Screwdriver



56095-70



56095-150



Description	Article Number
Screwdriver , Torque, T9x70	56095-70
Screwdriver , Torque, T9x150	56095-150

## Targeting Device



680870



680871



680872-2



680873

680874



680875



680876



680877

Description	Article Number
Jig, Ulna Osteotomy Plate	680870
Fixing Screw, Ulna Osteotomy Plate	680871
Fixing Screw, Compression Slide, Ulna Osteotomy Plate	680872-2
Transection Gauge, Right, Ulna Osteotomy Plate	680873
Transection Gauge, Left, Ulna Osteotomy Plate	680874
Compression Screw, Ulna Osteotomy Plate	680875
Compression Slide, Ulna Osteotomy Plate	680876
Tension Bolt, Ulna Osteotomy Plate	680877

Disclaimer:

The intended users are limited to medical personnel with appropriate product training by the medical product consultants or knowledge of the surgical procedure to be applied. The medical staff must ensure that the use of I.T.S. GmbH medical devices is appropriate, taking into account the medical condition and medical history of the patient. Prior to product use, medical personnel must refer to complete information on product label and in IFU, including, but not limited to, indications, contraindications, warnings and preventative measures, and cleaning and sterilization instructions. Product availability is dependent on country registrations and clearances. For more information, please visit [www.its-implant.com](http://www.its-implant.com) or contact us at [office@its-implant.com](mailto:office@its-implant.com). Unless otherwise noted, all information herein is the intellectual property of I.T.S. GmbH.



**HEADQUARTER**

I.T.S. GmbH  
Autal 28, 8301 Lassnitzhöhe, Austria  
Tel.: +43 (0) 316/ 211 21 0  
[office@its-implant.com](mailto:office@its-implant.com)  
[www.its-implant.com](http://www.its-implant.com)

I.T.S. USA  
1778 Park Avenue N - Suite 200  
Tel.: 407-971-8054  
[info@its-implantusa.com](mailto:info@its-implantusa.com)  
[www.its-implant.com](http://www.its-implant.com)

Order No. UOL2-OP-0526-US  
Edition: May/2026